

What is CollaMacaWhey™?

Sounds Hawaiian, but it's really the word that combines three amazing ingredients: Collagen, Maca and Whey.

1. Collagen is a hot topic today because of new research showing that consuming collagen can result in benefits you can see in the mirror and feel in your joints. You see, collagen is the springy, stretchy protein that pretty much holds us together. It makes our skin radiant and supple, it nourishes joints and gives tensile strength to muscles, tendons, ligaments and bones.

CollaMacaWhey uses hydrolyzed collagen from pasture-raised cows. An enzymatic process reduces complex proteins into small groups of amino acids known as peptides, making collagen the most bioavailable protein source. Importantly, Altea Health Sciences provides independent lab analysis showing *no detectable levels* of lead, mercury, cadmium or arsenic.

2. Maca is an extraordinary superfood with current research focusing on its ability to improve energy, sex drive, mood and immunity.

3. Whey protein isolate is a premium quality protein derived from cows milk. Far easier to digest than other dairy proteins, and with a biological value (BV) higher than rice, soy, pea or hemp seed, whey isolate is research-rated as the best overall support for gaining and maintaining muscle.

The CollaMacaWhey Synergy:

Scientists agree that an effective anti-aging strategy must focus on maintaining a high muscle to fat ratio, which requires regular exercise. But the Catch-22 is that, as we grow older, exercise (1) doesn't feel good (2) produces minimal gains and (3) stresses the joints, often resulting in injury. CollaMacaWhey provides highly bioavailable protein to maximize muscle gains, and collagen to support and repair connective tissue including joints, tendons and ligaments. Then Maca works to improve energy production and mood, making exercise *easier and more enjoyable*.

Value: Altea Health Sciences, is devoted to providing the best products at the best price. Buying these ingredients separately would cost about \$45. CollaMacaWhey is only \$39.95, and if you are a Healthy Skeptics Member, the price is only \$34, and shipping is FREE.